

pilgrimage

pilgrimage is in vogue
perhaps it's always been so
I heard the other day
the police actively
investigate Hajj fraud
whatever next?

a female archbishop
(yes - female!)
walked from London to Canterbury
in prayer and preparation
for what's to come

the Camino de Santiago
is big business
the trip of a lifetime
so they say

on Palm Sunday I learnt
there's such a thing
as The Fife Pilgrim Way
Iona isn't the only place
to which the faithful flock

of course, you don't need
a religious faith
to journey with purpose
faith in yourself will do

come to think of it
lack of faith in oneself
may be just the thing
to get you moving

from one point to another
seeking light in darkness
peace in anger
calm in chaos
(tick which apply)

no need to wait
for a special time
any week can be
your holy week
any ritual sacramental
any words sacred
if they come from love

time out can be time in
investing in you
not for once
the household chores
that often overwhelm

self-imposed exile
from the day to day
allows space to breathe
experience gentle abundance
of your choosing
take as long as you need

this is entirely normal
honouring centuries of tradition
marking time and seasons
in festival, ritual and symbol
reinvented for every age

we need not wander
to discover wonder
respite or grace
but if it will help
then find your path
and go!